



**School Information:** Little Lambs - 5th Grade: 11:00AM

6th-8th Grades: 11:30AM

Price per tray with milk: \$4.00

Milk only: 25¢



**Nutrition Tip:** Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



### MONDAY



### TUESDAY

### WEDNESDAY



### THURSDAY

### FRIDAY

Chicken Burger, 4  
Tater tots, Fruit & Milk



Chicken Flautas, 5  
Rice, Beans, Fruit & Milk



Hamburger, 6  
Tater tots, Fruit & Milk



Hot dog or Chili 7  
Cheese Dog Chips, Fruit & Milk



Pepperoni Pizza 8  
Corn, Fruit & Milk



Ham & Cheese 11  
Sandwich, Chips, Fruit & Milk



Spaghetti with 12  
Meatballs, Bread, Corn, Fruit & Milk



Hamburger, 13  
Tater tots, Fruit & Milk



Hot dog or Chili 14  
Cheese Dog Chips, Fruit & Milk



Pepperoni Pizza 15  
Corn, Fruit & Milk



# Christmas Break – No School

# Classes Resume January 3, 2024